Gateshead Harriers & AC Quayside Business Forum 5k August 2014





1 90 Ian Hudspith 00:15:05 00:15:03 Male 1 V-40 1 Morpeth Harriers	Pos	Race No	Name	Gun Time	Chip Time	Gender	Gender Pos	Category	Categ Pos	Club
3 153 Nathan Shrubb 00:15:26 00:15:25 Male 3 Male 2 Morpeth Harriers	1	90	Ian Hudspith	00:15:05	00:15:03	Male	1	V40	1	Morpeth Harriers
4 10 Cart Avery 00:15:33 00:15:41 Male 5 Make 4 Morpeth Harriers 6 108 Jod Marshall 00:15:41 00:15:43 Male 5 Make 4 Morpeth Harriers 6 108 Jod Marshall 00:15:41 00:15:43 Male 6 Make 5 Gateshead Harriers & Ac 7 189 Gavin Neal 00:15:54 00:15:59 Male 7 Make 6 8 67 Corrad Franks 00:15:54 00:15:59 Male 7 Make 6 9 109 Barry Maskell 00:16:06 00:16:06 Male 9 Make 8 Gateshead Harriers & Ac 9 109 Sam Pshaskell 00:16:06 00:16:06 Male 9 Make 8 Gateshead Harriers & Ac 10 19 Sam Brand 00:16:09 00:16:07 Male 10 Male 9 Gateshead Harriers & Ac 11 166 Jain Twaddle 00:16:16 00:16:14 Male 11 V40 2 North Shields Polytechnic Ac 12 48 Michael Dawson 00:16:19 00:16:17 Male 12 Male 10 North Shields Polytechnic Ac 13 41 James Cripwell 00:16:23 00:16:23 Male 13 Male 11 Geteshead Harriers & Ac 14 123 Dominic Murnelly 00:16:33 00:16:32 Male 14 V40 3 Tyrue Bridge Harriers 15 21 Finis Broold 00:16:35 00:16:33 Male 16 Male 13 Male 12 Gosforth Harriers 16 126 Peter Orr 00:16:40 00:16:40 Male 16 Male 13 Border Harriers & Ac 18 57 Steven Duffy 00:16:44 00:16:34 Male 18 Male 14 Gateshead Harriers & Ac 18 57 Steven Duffy 00:16:40 00:16:54 Male 19 Male 14 Gateshead Harriers & Ac 19 185 Sradley Clough 00:16:40 00:16:54 Male 19 Male 16 Sunderland Harriers & Ac 20 5 Jason Allison 00:16:55 00:16:55 Male 20 V40 4 Crook & District Ac 21 49 Chris Audi 00:16:54 00:16:57 Female 1 Female 1 Abbey Runners 23 165 Paul Turnbull 00:16:58 00:16:57 Female 1 Female 1 Abbey Runners 24 9 Chris Audi 00:17:06 00:17:10 00:17:10 Male 22 Male 23 Male 24 Sunderland Harriers & Ac 24 179 Heather Selars 00:16:59 00:17:10 Male 25 Male 20 S	2	28	Kevin Calvert	00:15:21	00:15:19	Male	2	Male	1	Morpeth Harriers
5	3	153	Nathan Shrubb	00:15:26	00:15:25	Male	3	Male	2	Morpeth Harriers
6 108 Joed Marshall 00:15:44 00:15:43 Male 6 Male 5 Gateshead Harriers & Λc	4	10	Carl Avery	00:15:33	00:15:33	Male	4	Male	3	Morpeth Harriers
7	5	64	Ross Floyd	00:15:43	00:15:41	Male	5	Male	4	Morpeth Harriers
8 67 Conrad Franks 00:15:54 00:15:55 Male 8 Male 7 Cateshead Harriers & Λc 9 109 Sam Brand 00:16:06 00:16:07 Male 9 Male 8 Gateshead Harriers & Λc 11 166 Iain Twaddle 00:16:16 00:16:17 Male 10 Male 9 Male 8 Gateshead Harriers & Λc 11 166 Iain Twaddle 00:16:16 00:16:17 Male 11 V-40 2 North Shelds Polybechnic Λc 13 41 James Cripwell 00:16:19 00:16:17 Male 12 Male 10 Male 11 Gateshead Harriers & Λc 13 41 James Cripwell 00:16:23 00:16:21 Male 13 Male 11 Gateshead Harriers & Λc 14 123 Dominic Munnelly 00:16:33 00:16:32 Male 14 V-40 3 Tyrne Bridge Harriers & Λc 15 Tirn Brodle 00:16:35 00:16:33 Male 15 Male 12 Gosforth Harriers & Λc 15 Tirn Brodle 00:16:40 00:16:40 Male 16 Male 13 Border Harriers & Λc 17 Male 18 Sorder Harriers & Λc 19 Male 16 Sorder Harriers & Λc 19 Sorder	6	108	Jed Marshall	00:15:44	00:15:43	Male	6	Male	5	Gateshead Harriers & Ac
9	7	189	Gavin Neal	00:15:51	00:15:49	Male	7	Male	6	
10	8	67	Conrad Franks	00:15:54	00:15:52	Male	8	Male	7	Gateshead Harriers & Ac
11 166	9	109	Barry Maskell	00:16:06	00:16:06	Male	9	Male	8	Gateshead Harriers & Ac
12	10	19	Sam Brand	00:16:09	00:16:07	Male	10	Male	9	Gateshead Harriers & Ac
13	11	166	Iain Twaddle	00:16:16	00:16:14	Male	11	V40	2	North Shields Polytechnic Ac
14 123 Dominic Munnelly 00:16:33 00:16:32 Male 14 V40 3 Tyne Bridge Harriers 15 16 12 Erine Brodie 00:16:35 00:16:33 Male 15 Male 12 Gosforth Harriers 16 126 Peter Orr 00:16:40 Male 16 Male 13 Border Harriers 17 51 Robert Dobson 00:16:42 00:16:39 Male 17 Male 14 Gateshead Harriers & Ac 18 57 Steven Duffy 00:16:46 00:16:46 Male 18 Male 15 Sunderland Harriers Ac 18 57 Steven Duffy 00:16:49 00:16:47 Male 19 Male 16 Blyth Running Club 20 5 Jason Allison 00:16:54 00:16:51 Male 20 V40 4 Crook & District Ac 21 Male 46 Tim Davies 00:16:55 00:16:54 Male 21 Male 16 Beyrelp Ac Ac 22 179 Heather Sellars 00:16:58 00:16:57 Female 1 Female 1 Abbey Runners 23 165 Paul Turnbull 00:17:04 00:17:02 Male 22 V45 1 Tyne Bridge Harriers & Ac 26 182 Paul Attitey 00:17:04 00:17:00 Male 22 V45 1 Vale 18 Gateshead Harriers & Ac 26 182 Paul Attitey 00:17:06 00:17:04 Male 24 Male 19 Gateshead Harriers & Ac 27 181 Tan Dickon 00:17:13 00:17:08 Male 25 Male 20 Sunderland Harriers & Ac 28 11 Stephen Barker 00:17:13 00:17:10 Male 27 Male 20 Sunderland Harriers & Ac 30 161 Robert Teasdale 00:17:15 00:17:12 Male 28 Male 29 Gateshead Harriers & Ac 31 45 Lee Cuthbertson 00:17:16 00:17:17 Male 28 Male 29 Gateshead Harriers & Ac 31 45 Lee Cuthbertson 00:17:16 00:17:17 Male 29 Male 24 Blyth Running Club 31 45 Marrier State 00:17:16 00:17:17 Male 31 V45 2 Tyne Bridge Harriers & Ac 33 106 Kenny Macpherson 00:17:19 00:17:17 Male 31 V45 2 Tyne Bridge Harriers & Ac 34 94 Alan Johnson 00:17:20 00:17:27 Male 32 V50 1 Gateshead Harriers & Ac 35 135 Ian Pickett 00:17:40 00:17:27 Male 34 V45 3 Gateshead Harriers & Ac 36 136 Male 27	12	48	Michael Dawson	00:16:19	00:16:17	Male	12	Male	10	North Shields Polytechnic Ac
15	13	41	James Cripwell	00:16:23	00:16:21	Male	13	Male	11	Gateshead Harriers & Ac
16	14	123	Dominic Munnelly	00:16:33	00:16:32	Male	14	V40	3	Tyne Bridge Harriers
17	15	21	Finn Brodie	00:16:35	00:16:33	Male	15	Male	12	Gosforth Harriers
18	16	126	Peter Orr	00:16:40	00:16:40	Male	16	Male	13	Border Harriers
18	17	51	Robert Dobson	00:16:42	00:16:39	Male	17	Male	14	Gateshead Harriers & Ac
19	18	57	Steven Duffy			Male	18	Male	15	Sunderland Harriers Ac
20			<u> </u>							
21										
22 179 Heather Sellars 00:16:58 00:16:57 Female 1 Female 1 Abbey Runners 23 165 Paul Turnbull 00:17:04 00:16:58 Male 21 Male 17 Tyne Bridge Harriers 24 9 Chris Auld 00:17:04 00:17:02 Male 22 V45 1 25 137 James Porteous 00:17:04 00:17:04 Male 23 Male 18 Gateshead Harriers & Ac 26 182 Paul Attley 00:17:06 00:17:08 Male 25 Male 19 Gateshead Harriers & Ac 28 11 Stephen Barker 00:17:10 00:17:08 Male 25 Male 20 Sunderland Harriers & Ac 29 187 Kevin Connolly 00:17:11 00:17:10 Male 26 Male 21 Tyne Bridge Harriers 29 187 Kevin Connolly 00:17:11 00:17:12 Male 28 Male 21 <										
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24 9 Chris Auld 00:17:04 00:17:02 Male 22 V45 1 25 137 James Porteous 00:17:04 00:17:00 Male 23 Male 18 Gateshead Harriers & Ac 26 182 Paul Attley 00:17:01 00:17:08 Male 24 Male 19 Gateshead Harriers & Ac 27 181 Ian Dickon 00:17:10 00:17:08 Male 25 Male 20 Sunderland Harriers Ac 28 11 Stephen Barker 00:17:13 00:17:10 Male 26 Male 21 Tyne Bridge Harriers 29 187 Kevin Connolly 00:17:13 00:17:10 Male 27 Male 22 Gateshead Harriers & Ac 30 161 Robert Teasdale 00:17:12 Male 28 Male 23 Crook And District Ac 31 45 Lee Cuthbertson 00:17:12 Male 28 Male 23 Crook And District Ac										,
25										Tyric bridge Harriers
26 182 Paul Attley 00:17:06 00:17:04 Male 24 Male 19 Gateshead Harriers & Ac 27 181 Ian Dickon 00:17:10 00:17:08 Male 25 Male 20 Sunderland Harriers Ac 28 11 Stephen Barker 00:17:11 00:17:10 Male 26 Male 21 Tyne Bridge Harriers Ac 29 187 Kevin Connolly 00:17:15 00:17:10 Male 27 Male 22 Gateshead Harriers & Ac 30 161 Robert Teasdale 00:17:15 00:17:12 Male 28 Male 23 Crook And District Ac 31 45 Lee Cuthbertson 00:17:16 00:17:12 Male 29 Male 24 Blyth Running Club 32 154 Martin Slater 00:17:10 00:17:12 Male 30 Male 25 Gateshead Harriers & Ac 33 106 Kenny Macpherson 00:17:20 00:17:20 Male 32										Catechaad Harriers & Ac
27 181 Ian Dickon 00:17:10 00:17:08 Male 25 Male 20 Sunderland Harriers Ac 28 11 Stephen Barker 00:17:11 00:17:08 Male 26 Male 21 Tyne Bridge Harriers 29 187 Kevin Connolly 00:17:13 00:17:10 Male 27 Male 22 Gateshead Harriers & Ac 30 161 Robert Teasdale 00:17:16 00:17:12 Male 28 Male 23 Crook And District Ac 31 45 Lee Cuthbertson 00:17:16 00:17:12 Male 29 Male 24 Blyth Running Club 32 154 Martin Slater 00:17:19 00:17:17 Male 31 V45 2 Tyne Bridge Harriers & Ac 33 106 Kenny Macpherson 00:17:19 00:17:20 Male 31 V45 2 Tyne Bridge Harriers & Ac 34 94 Alan Johnson 00:17:25 00:17:20 Male 32										
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34 94 Alan Johnson 00:17:20 00:17:20 Male 32 V50 1 Gateshead Harriers & Ac 35 135 Ian Pickett 00:17:25 00:17:21 Male 33 Male 26 Tyne Bridge Harriers 36 186 Wayne Pearson 00:17:27 00:17:25 Male 34 V45 3 Crook & District Ac 37 29 Nigel Camilleri 00:17:29 00:17:27 Male 35 Male 27 Gateshead Harriers & Ac 38 88 Emma Holt 00:17:40 00:17:39 Female 2 Female 2 Morpeth Harriers 39 117 Steven Medd 00:17:40 00:17:36 Male 36 Male 28 Gateshead Harriers & Ac 40 66 Thomas Foley 00:17:48 Male 37 Male 29 Heaton Harriers 41 192 Matthew Aldgrson 00:17:49 00:17:46 Male 38 Male 30 <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></t<>										
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41 192 Matthew Aldgrson 00:17:49 00:17:46 Male 38 Male 30 Ryton Tri 42 25 Luke Bryant 00:17:50 00:17:47 Male 39 Male 31 Tyne Bridge Harriers 43 7 Graham Armstrong 00:17:51 00:17:48 Male 40 V50 2 Wallsend Harriers 44 56 Hannah Drewett 00:18:01 00:17:59 Female 3 Female 3 45 130 Jeremy Pattison 00:18:04 00:18:00 Male 41 V40 5 Richmond And Zetland 46 160 Paul Tate 00:18:04 00:18:01 Male 42 Male 32 Gateshead Harriers & Ac 47 159 Dave Swinburne 00:18:06 00:18:03 Male 43 Male 33 Morpeth Harriers 48 75 Chris Hainsworth 00:18:06 Male 44 Male 34 Gateshead Harriers & Ac	39	117	Steven Medd	00:17:40		Male	36	Male	28	Gateshead Harriers & Ac
42 25 Luke Bryant 00:17:50 00:17:47 Male 39 Male 31 Tyne Bridge Harriers 43 7 Graham Armstrong 00:17:51 00:17:48 Male 40 V50 2 Wallsend Harriers 44 56 Hannah Drewett 00:18:01 00:17:59 Female 3 Female 3 45 130 Jeremy Pattison 00:18:04 00:18:00 Male 41 V40 5 Richmond And Zetland 46 160 Paul Tate 00:18:04 00:18:01 Male 42 Male 32 Gateshead Harriers & Ac 47 159 Dave Swinburne 00:18:06 00:18:03 Male 43 Male 33 Morpeth Harriers 48 75 Chris Hainsworth 00:18:06 Male 44 Male 34 Gateshead Harriers & Ac 49 190 Michelle Nolan 00:18:01 00:18:09 Female 4 Female 4 Gateshead Harriers & Ac </td <td>40</td> <td>66</td> <td>· ·</td> <td></td> <td></td> <td>Male</td> <td>37</td> <td>Male</td> <td></td> <td></td>	40	66	· ·			Male	37	Male		
43 7 Graham Armstrong 00:17:51 00:17:48 Male 40 V50 2 Wallsend Harriers 44 56 Hannah Drewett 00:18:01 00:17:59 Female 3 Female 3 45 130 Jeremy Pattison 00:18:04 00:18:00 Male 41 V40 5 Richmond And Zetland 46 160 Paul Tate 00:18:04 00:18:01 Male 42 Male 32 Gateshead Harriers & Ac 47 159 Dave Swinburne 00:18:06 00:18:03 Male 43 Male 33 Morpeth Harriers 48 75 Chris Hainsworth 00:18:10 00:18:06 Male 44 Male 34 Gateshead Harriers & Ac 49 190 Michelle Nolan 00:18:01 00:18:09 Female 4 Female 4 Gateshead Harriers & Ac			Matthew Aldgrson			Male	38	Male	30	Ryton Tri
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49 190 Michelle Nolan 00:18:11 00:18:09 Female 4 Female 4 Gateshead Harriers & Ac	47	159	Dave Swinburne	00:18:06	00:18:03	Male	43	Male	33	Morpeth Harriers
	48	75	Chris Hainsworth	00:18:10	00:18:06	Male	44	Male	34	Gateshead Harriers & Ac
	49	190	Michelle Nolan	00:18:11	00:18:09	Female	4	Female	4	Gateshead Harriers & Ac
	50	69	Simon Gardner	00:18:19	00:18:13	Male	45	V40		Elvet Striders

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51 52	114	Phil Mckeown Michael Osei-Bonsu	00:18:24	00:18:21	Male Male	46	Male V45	35 4	Gateshead Harriers & Ac
53	93	Ian Jackman	00:18:26	00:18:19	Male	47	Male	36	Tyne Bridge Harriers
54	129	Steve Patterson	00:18:28	00:18:19	Male	49	Male	37	Alnwick Harriers
55	194		00:18:29	00:18:23	Male	50	Male	38	Northern Frontrunners
		Will Stageman							
56	121	Jon Moss	00:18:30	00:18:26	Male	51	Male	39	Tyne Bridge Harriers
57	107	Sophie Marr	00:18:35	00:18:33	Female	5	Female	5	Tyne Bridge Harriers
58	138	Craig Proudlock	00:18:40	00:18:37	Male	52	Male	40	Gateshead Harriers & Ac
59	184	Graham Lancaster	00:18:43	00:18:41	Male	53	V40	7	Sunderland Harriers Ac
60	32	Gaz Carter	00:18:47	00:18:43	Male	54	V40	8	
61	128	Chris Paton	00:18:52	00:18:48	Male	55	Male	41	Gateshead Harriers & Ac
62	49	Russell Deane	00:18:56	00:18:50	Male	56	V45	5	Northern Frontrunners
63	39	Diarmuid Coughlan	00:18:58	00:18:53	Male	57	Male	42	Tyne Bridge Harriers
64	162	Suzanne Thew	00:18:58	00:18:53	Female	6	V40	1	North Shields Polytechnic Ac
65	177	Ian Young	00:19:00	00:18:55	Male	58	V40	9	Blackhill Bounders
66	125	Ian Norman	00:19:03	00:18:56	Male	59	V50	3	Heaton Harriers
67	2	Jim Alder	00:19:04	00:18:58	Male	60	V50	4	Morpeth Harriers
68	178	David Young	00:19:12	00:19:08	Male	61	V50	5	Tyne Bridge Harriers
69	68	Steven French	00:19:14	00:19:08	Male	62	Male	43	Blyth Running Club
70	105	Simon Lyon	00:19:20	00:19:18	Male	63	Male	44	Wallsend Harriers
71	79	Richard Harrison	00:19:22	00:19:16	Male	64	Male	45	
72	113	Steven Mccloy	00:19:35	00:19:31	Male	65	Male	46	Gateshead Harriers & Ac
73	37	Jonathan Conlon	00:19:46	00:19:35	Male	66	Male	47	
74	151	Martin Scott	00:19:46	00:19:40	Male	67	V40	10	Blyth Running Club
75	183	Andrew Flanten	00:19:47	00:19:42	Male	68	V40	11	Morpeth Harriers
76	96	David Kelly	00:19:48	00:19:41	Male	69	V60	1	Low Fell Running Club
77	157	Iain Summers	00:19:51	00:19:40	Male	70	Male	48	
78	62	Hannah Farran	00:19:53	00:19:46	Female	7	Female	6	
79	78	Robert Hallam	00:19:53	00:19:43	Male	71	V45	6	Gateshead Harriers & Ac
80	26	Faye Buckton	00:19:56	00:19:52	Female	8	Female	7	Gateshead Harriers & Ac
81	100	Morven Lean	00:19:59	00:19:58	Female	9	Female	8	Gateshead Harriers & Ac
82	76	Adrian Hall	00:20:00	00:19:54	Male	72	Male	49	
83	95	Helen Johnson	00:20:00	00:19:55	Female	10	Female	9	North Shields Polytechnic Ac
84	173	David Williams	00:20:02	00:19:56	Male	73	V40	12	North Shields Polytechnic Ac
85	133	Rebecca Pease	00:20:07	00:20:04	Female	11	Female	10	Gateshead Harriers & Ac
86	150	Peter Scaiff	00:20:09	00:20:03	Male	74	V50	6	Morpeth Harriers
87	191	Alan Alexander	00:20:09	00:20:03	Male	75	V40	13	Tyne Bridge Harriers
88	8	Lisa Atkinson	00:20:11	00:20:08	Female	12	Female	11	Gateshead Harriers & Ac
89	22	Adrian Brooks	00:20:20	00:20:16	Male	76	Male	50	Tyne Bridge Harriers
90	12	Gary Batson	00:20:22	00:20:07	Male	77	Male	51	
91	61	Darren Fairclough	00:20:31	00:20:25	Male	78	V40	14	Crook And District Ac
92	83	Sarah Hill	00:20:33	00:20:31	Female	13	Female	12	Gateshead Harriers & Ac
93	85	Lee Hogan	00:20:33	00:20:19	Male	79	Male	52	
94	13	Ian Baxter	00:20:39	00:20:35	Male	80	V45	7	Blyth Running Club
95	127	Ean Parsons	00:20:39	00:20:34	Male	81	V55	1	Sedgefield Harriers
96	111	Lucy Matheson	00:20:40	00:20:35	Female	14	V40	2	Tyne Bridge Harriers
97	74	Steve Gray	00:20:42	00:20:33	Male	82	V45	8	Gateshead Harriers & Ac
98	52	Mark Doctor	00:20:43	00:20:32	Male	83	V40	15	Alnwick Harriers
99	104	John Lowes	00:20:44	00:20:39	Male	84	Male	53	Elswick
100	115	Melissa Mcpherson	00:20:45	00:20:35	Female	15	Female	13	Blackhill Bounders
101	145	Alister Robson	00:20:56	00:20:35	Male	85	V40	16	Elvet Striders
101	72	Mark Graham	00:20:58	00:20:43	Male	86	V40 V40	17	Livet outdets
102	53	Shaun Dodd	00:20:38	00:20:47	Male	87	V40 V40	18	Blyth Running Club
103	17	Richard Bowes	00:21:04	00:20:59	Male	88	Male	54	Diyan Kanining Clab
104	132	Simon Pearce	00:21:09	00:20:39	Male	89	V45	9	Gateshead Harriers & Ac
105	47	Paul Davy	00:21:11			90	V45 V40		Catesticau Hairiers & AC
106		Anton Mirafsari		00:21:03	Male	90		19	Gateshead Harriers & Ac
	118		00:21:15	00:21:01	Male		Male	55	
108	42	Alison Cummings	00:21:17	00:21:12	Female	16	V55	1 56	North Shields Polytechnic Ac
109	193	Micky Shore	00:21:18	00:21:08	Male	92	Male	56	Elswick
110	156	Duncan Storey	00:21:21	00:21:12	Male	93	Male	57	Blub B
	144	David Roberts	00:21:24	00:21:18	Male	94	V50	7	Blyth Running Club
111	1.00	Lyne Valentine	00:21:26	00:21:16	Female	17	V55	2	Sunderland Strollers
112	168	1					1 1/40	. 20	I Calle call I I amiliana
112 113	31	Dave Candlish	00:21:36	00:21:30	Male	95	V40	20	Saltwell Harriers
112		Dave Candlish Heather Christopher	00:21:36 00:21:39	00:21:30	Male Female	95	V40 V40	3	Blyth Running Club

116	77	Richard Hall	00:21:46	00:21:33	Male	97	Male	59	Elvet Striders
117	167	Clare Twaddle	00:21:50	00:21:42	Female	19	Female	14	North Shields Polytechnic Ac
118	122	Allen Mulliss	00:21:56	00:21:49	Male	98	V55	2	Heaton Harriers
119	27	Claire Calverley	00:22:10	00:22:02	Female	20	Female	15	Blyth Running Club
120	136	Mark Ponton	00:22:10	00:22:05	Male	99	V45	10	Blyth Running Club
121	71	Paul Glaister	00:22:22	00:22:14	Male	100	V45	11	Sedgefield Harriers
122	97	Laura Kincaid	00:22:22	00:22:14	Female	21	Female	16	Scagencia Harriers
123	59	Neil Edmondson	00:22:42	00:22:31	Male	101	Male	60	Northern Frontrunners
124	172	Paula Warwick	00:22:44	00:22:33	Female	22	Female	17	Sedgefield Harriers
125	101	Catherine Lee	00:22:49	00:22:38	Female	23	Female	18	Elswick
126	3	Martin Alexander	00:22:51	00:22:43	Male	102	V50	8	
127	147	David Round	00:22:53	00:22:45	Male	103	V50	9	Sedgefield Harriers
128	155	Robert Stobbs	00:22:57	00:22:43	Male	104	V50	10	Gateshead Harriers & Ac
129	124	Dougie Nisbet	00:23:14	00:23:01	Male	105	V50	11	Elvet Striders
130	82	David Herring	00:23:17	00:23:09	Male	106	V40	21	Gateshead Harriers & Ac
131	20	Michael Briggs	00:23:22	00:23:13	Male	107	Male	61	South Shields Harriers
132	33	Diane Chaney	00:23:27	00:23:21	Female	24	V50	1	Low Fell Running Club
133	120	Christopher Morrow	00:23:30	00:23:23	Male	108	Male	62	Sunderland Strollers
134	15	Rebecca Bennett	00:23:33	00:23:24	Female	25	Female	19	Gateshead Harriers & Ac
135	163	Helen Todd	00:23:34	00:23:26	Female	26	Female	20	
136	50	Allen Dickinson	00:23:42	00:23:30	Male	109	V45	12	Northern Frontrunners
137	140	Ian Raine	00:23:45	00:23:29	Male	110	V40	22	Holiday Discount Centre
138	158	Lynn Swanson	00:23:54	00:23:40	Female	27	V45	1	Heaton Harriers
139	70	Tracy Glaister	00:23:56	00:23:45	Female	28	V45	2	Sedgefield Harriers
140	54	Wendy Dodds	00:24:02	00:23:53	Female	29	V45	3	
141	24	Julie-Ann Brown	00:24:05	00:24:01	Female	30	Female	21	Gateshead Harriers & Ac
142	169	Jacqui Walker	00:24:07	00:23:59	Female	31	Female	22	Gateshead Harriers & Ac
143	171	Rhys Walton	00:24:07	00:23:33	Male	111	Male	63	Gateshead Harriers & Ac
144	30	Caroline Campbell	00:24:15	00:24:00	Female	32	V45	4	Gateshead Harriers & Ac
145	92	·	00:24:15	00:24:00		33	Female	23	Gateshead Harriers & Ac
		Gemma Hymers			Female				
146	112	Peter Maylia	00:24:23	00:24:12	Male	112	V55	3	Blyth Running Club
147	142	Jennifer Rees	00:24:32	00:24:21	Female	34	Female	24	North Shields Polytechnic Ac
148	174	Richard Wilson	00:24:49	00:24:36	Male	113	V60	2	Sunderland Strollers
149	195	Robert Dodds	00:24:50	00:24:41	Male	114	V45	13	Gateshead Harriers & Ac
150	110	Claire Mason	00:24:57	00:24:44	Female	35	V50	2	Blyth Running Club
151	141	Louise Rawlinson	00:25:02	00:24:49	Female	36	V40	4	Blyth Running Club
152	40	Libbie Craft	00:25:06	00:24:59	Female	37	Female	25	
153	148	Trevor Rowe	00:25:08	00:24:55	Male	115	V60	3	
154	116	Elizabeth Medd	00:25:32	00:25:23	Female	38	Female	26	Gateshead Harriers & Ac
155	18	Stuart Boyd	00:25:34	00:25:25	Male	116	Male	64	
156	131	Roland Peacock	00:25:58	00:25:42	Male	117	V65	1	Gateshead Harriers & Ac
157	16	Charly Blackburn	00:26:08	00:25:54	Female	39	Female	27	Tyne Bridge Harriers
158	34	Stephen Chapman	00:26:15	00:26:04	Male	118	V45	14	
159	87	Simon Holliday	00:26:21	00:26:08	Male	119	Male	65	Holiday Discount Centre
160	36	Hayley Cole	00:26:25	00:26:14	Female	40	Female	28	,
161	103	Vicky Liddle	00:26:25	00:26:11	Female	41	Female	29	Holiday Discount Centre
162	98	Ria Knox	00:26:28	00:26:17	Female	42	Female	30	,
163	23	Emma Brooks	00:26:39	00:26:27	Female	43	Female	31	Tyne Bridge Harriers
164	102	Steven Lee	00:26:39	00:26:30	Male	120	Male	66	Tyric bridge Harriers
165	63	Rebecca Fisher	00:26:44	00:26:31	Female	44	Female	32	Elvet Striders
				00:26:31					
166	110	Nikki Adelaide	00:27:00		Female	45	Female	33	Gateshead Harriers & Ac
167	119	Philip Moores	00:27:05	00:26:50	Male	121	V60	4	Helidey Disservet C. 1
168	146	Sharon Robson	00:27:10	00:26:54	Female	46	V45	5	Holiday Discount Centre
169	84	Elizabeth Hodgson	00:27:11	00:26:55	Female	47	V55	3	
170	60	Sue Edwards	00:27:49	00:27:34	Female	48	V40	5	Sunderland Strollers
171	4	Gillian Allen	00:28:08	00:27:55	Female	49	V40	6	
172	91	Graeme Huntley	00:28:08	00:27:55	Male	122	Male	67	
173	176	Carolyn Wood	00:28:42	00:28:29	Female	50	V45	6	Northern Frontrunners
174	164	Helen Tuffnell	00:28:46	00:28:30	Female	51	Female	34	
175	99	Ross Kyle	00:31:36	00:31:22	Male	123	Male	68	
	55	Michelle Donnelly	00:32:08	00:31:51	Female	52	V40	7	Sunderland Strollers
176	33								
176 177		Tammy Cook	00:32:17	00:32:03	Female	53	Female	35	Durham City Harriers & AC
	38 73	Tammy Cook Mark Graham	00:32:17 00:32:56	00:32:03	Female Male	53 124	V40	23	Durham City Harriers & AC Holiday Discount Centre